

Dementia: Caring for the Person, Not the Diagnosis

Thursday, May 9, 2019
8:30 am-5:30 pm

Sequoia Conference Center
Eureka CA



Register online at
www.humboltdcc.org

CONFERENCE SPONSORS

Long Term Care Ombudsman Program - A1AA

Alzheimer's Association • Elite Caregivers

Humboldt Senior Resource Center • Rockport Healthcare Services

Sequoia Springs Senior Living • Visiting Angels

Humboldt Audiology • Redwood Capital Bank • Timber Ridge Assisted Living

Bear River Casino & Hotel • Cloney's Pharmacy • Coast Central Credit Union

Hospice of Humboldt • Humboldt Advance Care Planning Coalition

Mad River Adult Day Health Care • Open Door Community Health Center



KEYNOTE SPEAKER: G. Allen Power, MD, FACP

Dr. Allen Power is an internist, geriatrician, and Schlegel Chair in Aging and Dementia Innovation at the Schlegel—University of Waterloo Research Institute for Aging in Ontario, Canada. He is also clinical associate professor of medicine at the University of Rochester, NY, and an international educator on transformational models of care for older adults, particularly those living with changing cognitive abilities. He is the author of *Dementia beyond Drugs: Changing the Culture of Care* and *Dementia Beyond Disease: Enhancing Well-Being*. Dr. Power also has a 20-year history working in culture change in elder care. He is an Eden Alternative Educator

and a former member of the Eden Alternative board of directors. He led the Eden journey at St. Johns' Home in Rochester for 13 years, and also helped develop St. John's Penfield Green House homes—the only community-integrated Green House homes in the United States.



Karen Ayers, RN, MS, ACNP, ACHPN

Karen Ayers is a Nurse Practitioner who has served people with serious life-limiting conditions for most of her career. She has a special interest in promoting Advance Care Planning in the general population and most especially for people with serious illness. She has been part of the statewide task force that implemented the POLST form in California in 2007 and a member of the Coalition for Compassionate Care of California since that time, as well. She is the lead for the Humboldt Advance Care Planning Coalition.



Scotty Mateu, RN, PHN

Scotty is the Community Outreach Nurse Educator for Hospice of Humboldt. His role is to promote and further the mission of Hospice of Humboldt through provision of training to Hospice of Humboldt clinical nurses, home health aides as well as through outreach to community partners. Scotty has worked in Humboldt County as an RN for over 16 years.



Alexandra Morris, Certified Gerontologist

Alex is a Certified Professional Gerontologist and Training Specialist for Alzheimer's Association. For 25 years, Alex has assisted organizations and facilities in the development, implementation, and evaluation of dementia specific programs. She has supervised and trained staff in community and residential settings, conducted dementia presentations for family and professional caregivers, and worked with persons with dementia and family members in a variety of settings.



John Nelson, MD

Dr. John Nelson works as the Medical Director at Hospice of Humboldt and holds a subspecialty certification in palliative care medicine. He is also a consulting physician for the VA's Home-Based Primary Care Program, and past president of the Humboldt-Del Norte County Medical Society. Dr. Nelson has worked in local hospitals and clinics since the early 90's and continues to serve patients throughout our community. He has also served as a Lieutenant Commander and Commander for the Medical Corps for the United States Navy Reserves.

Humboldt Senior
Resource Center
1910 California Street
Eureka CA 95501



The Mission of Humboldt Senior Resource Center:

Seniors and their caregivers in Humboldt County will have a high-quality life with dignity, health and self-determination in a community of respect and tolerance.

If you receive more than one brochure please share with a colleague.

Course Overview

This day-long conference will provide professionals in health care, long-term care, social services, and family caregivers education on optimizing care for people living with dementia. Speakers will cover the continuum of care from early diagnosis to end of life with a focus on building environments that promote quality of life where individuals can pursue independence. Topics will also cover advance care planning, considerations for safety in the home, and treatments available for people with dementia.

Course Objectives

Attendees will gain an understanding of:

- The progression of dementia from early diagnosis through end of life
- Treatments and best practice approaches for challenging behaviors
- Dr. Allen Power's "Well-Being Approach"
 - How a biomedical approach can lead to overmedication and suboptimal care
 - Seven domains of well-being
 - How a new experiential model of care can enhance well-being
- Advance Care Planning – the importance, its role in how a person lives and dies, and resources to assist families in completing advance directives
- Promoting safety in the home – medication management, wandering, driving, and firearms
- Dementia care at the end of life –
 - The difference between delirium and dementia
 - Connection between dementia and depression



Conference Agenda*

Thursday, May 9, 2019
8:30 am-5:30 pm

8:30-9:00 am	Registration and Exhibitor Fair
9:00-9:15 am	Welcome and Introductions
9:15-10:15 am	Rethinking Dementia: A Well-Being Approach Allen Power, MD, FACP
10:15-10:30 am	Break
10:30-11:30 am	Maximizing Quality of Life in Early-Stage Alzheimer's Disease Alexandra Morris
11:30 am-12:30 pm	Operationalizing Well-Being: How Do We Get There? Allen Power, MD, FACP
12:30- 1:45 pm	Lunch, networking, & a few words from our Diamond Sponsor
1:45-2:45 pm	Advance Care Planning: Why, What, When, and How Karen Ayers, ACNP
2:45-3:45 pm	Dementia at the End of Life: Considerations for Compassionate Care John Nelson, MD & Scotty Mateu, RN
3:45-4:00 pm	Break
4:00-5:00 pm	Caring, Communicating and Decoding Distress Allen Power, MD, FACP
5:00-5:30 pm	Conclusion & Evaluations

*Agenda subject to change without notice.

Register online at www.humboldtcc.org

Course Registration Fees *(check applicable)*

Submit one form for each attendee

- BRN (RN/LVN) LCSW LMFT NHA RCFE
 Prior to April 5, 2019: \$85 After April 5, 2019 or on site: \$100

CEUs will be provided at no additional cost to all attendees requesting them

REFUND POLICY: Full refund less \$5 administration fee for cancellations received on or before April 5, 2019. No refund for cancellations received after April 29, 2019. Individuals who have preregistered with full payment but are unable to attend may send a substitute to attend the program only if we are notified in writing of the substitute's name and complete registration information by April 29, 2019.

Total enclosed: \$ _____

Visa/MC #: _____ Security Code#: _____

Name on card: _____ Exp. Date: _____

Billing Address: _____

City, State, ZIP: _____ Phone: _____

Attendee Name: _____

Business/Agency: _____

Attendee Address: _____

City, State, ZIP: _____ Phone: _____

License Type and #: _____

E-mail: _____ Fax: _____

Continuing Education Accreditation

The Alzheimer's Association is an approved vendor for providing continuing education. This course meets the qualifications for 6 CE units/ hours for the following certified license entities:

Registered Nurse (RN) and Licensed Vocational Nurse (LVN).

Approved by the California Board of Registered Nursing (Provider #CEP12415).

Licensed Marriage Family Therapists (LMFT) and Licensed Clinical Social Workers (LCSW).

Approved by the California Association of Marriage and Family Therapists (Provider #63035). Course meets the qualifications as required by the California Board of Behavioral Sciences.

Nursing Home Administrator Program (NHAP). Application pending approval by the California Department of Public Health (Provider #CEP1546).

Residential Care Facility for the Elderly Administrator (RCFE). Application pending approval by the California Department of Social Services (Provider #2000072- 740-2).