

2018 Guest Speakers

We are excited to have three dynamic speakers to present updates on the latest in dementia care and treatment as they address **"The Changing Face of Dementia: Innovations in Care — 2018."**



Cynthia Aguilar, RPh, PharmD is a registered pharmacist with Cloney's Pharmacy, Inc., serving the medication needs of Humboldt County patients. In addition to standard medication services, Cynthia assists with vaccinations, medication therapy management, and long-term care pharmacy needs. She provides consultation for patients regarding their health and newly prescribed medications. Previously, Cynthia was a staff pharmacist and anticoagulation clinic coordinator with the Department of Veteran's Affairs. A graduate of Humboldt State University, Cynthia holds a Doctorate of Pharmacy

from Pacific University School of Pharmacy, and is a certified anticoagulation care provider.



Elizabeth Edgerly, PhD is Executive Director of the Alzheimer's Association, Northern California & Northern Nevada, as well as a clinical psychologist. Dr. Edgerly joined the Association in 1995 as Chief Program Officer, managing care and support programs for persons with dementia, their families, and professionals. In 2016 Dr. Edgerly became the chapter's executive director, overseeing 11 offices in Northern California and Northern Nevada. She is an active presenter and spokesperson for the Alzheimer's Association and has appeared on television, radio, and in various national

and local publications, speaking on topics related to brain health and Alzheimer's. In 2013 the Women's HealthCare Executives named Elizabeth Woman of the Year for her work on behalf of thousands of individuals living with Alzheimer's and related disorders.



Jennifer Heidmann, MD attended medical school at the University of Wisconsin at Madison after earning her undergraduate degree in piano performance, and completed her residency in internal medicine at University of California, San Francisco. Dr. Heidmann has practiced in Humboldt County since 2002, working in both outpatient and inpatient settings, as a hospice physician, and currently as the medical director of Redwood Coast PACE at Humboldt Senior Resource Center. Dr. Heidmann's special interests are geriatrics and end-of-life care.

Sequoia Conference Center • 901 Myrtle Avenue • Eureka CA

Humboldt Senior Resource Center and
Dementia Care Coalition *present*

The Changing Face of Dementia: Innovations in Care — 2018

Thursday, June 7, 2018

Sequoia Conference Center
Eureka CA

Register online at
www.humboltdcc.org

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Resource Center
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The Mission of Humboldt Senior Resource Center:
Seniors and their caregivers in Humboldt County will have a
high-quality life with dignity, health and self determination in a
community of respect and tolerance.

If you receive more than one brochure,
please share with a colleague.

The Changing Face of Dementia: Innovations in Care — 2018

8:30 am - 4:30 pm
Thursday, June 7, 2018
Sequoia Conference Center, Eureka

Course Overview

This conference is designed to provide assisted living and healthcare professionals with cutting-edge updates in the field of research and best practices in the care of persons with dementia syndromes. Speakers will provide an overview of the latest in Alzheimer's disease science and care, including symptoms, diagnoses, treatment, diet, risk factors, prevention, and causes. They will also present effective ways to develop rapport with clients using best practices for successful communication with persons with dementia. The conference will include an update on public policy gains, opportunities on the state and national level, and current trends in research.

Course Objectives

As a result of this conference, participants will be able to:

- Discuss new concepts of Alzheimer's disease (AD) and dementia pathophysiology.
- Identify the most common forms of dementia and the diseases that cause them.
- Discuss the pros and cons of available medications used to treat Alzheimer's disease and dementia.
- Discuss a variety of nutritional strategies that show promise in impacting the rate of cognitive decline.
- Demonstrate effective communication to clients who have dementia.
- Recognize ways to alter one's approach to persons with dementia in order to increase likelihood of connecting with and supporting them.
- Discuss the effects of healthy lifestyle habits on aging and the brain.
- Demonstrate the "Do's and Don'ts" of compassionate communication when working with different types of client behaviors.

Conference Agenda

Thursday, June 7, 2018

8:30-9:00 am	Registration & Exhibitor Fair
9:00-9:15 am	Welcome and Introductions
9:15-10:15 am	Overview of Alzheimer's Disease and Related Disorders – Current Diagnostics and Treatments Jennifer Heidmann, MD
10:15-10:30 am	Break
10:30-11:30 am	Medication Do's and Don'ts Cynthia Aguilar, RPh, PharmD
11:30 am-12:30 pm	Communication Strategies Elizabeth Edgerly, PhD
12:30-1:30 pm	Lunch is provided
1:30-2:15 pm	Fact vs Fiction Jennifer Heidmann, MD
2:15-3:00 pm	Healthy Habits Elizabeth Edgerly, PhD
3:00-3:15 pm	Break
3:15-4:15 pm	Hope For The Future – Exciting Research Within The Last Year Jennifer Heidmann, MD & Elizabeth Edgerly, PhD
4:15-4:30 pm	Conclusion & Evaluations

2018 Conference Registration Form

Register online at www.humboldtcc.org

Continuing Education & Course Registration Fees (check applicable)

Submit one form for each attendee

- BRN (RN/LVN) LCSW LMFT NHAP RCFE
- Prior to May 20: \$80 After May 20 or on site: \$100

Fees for Course Registration Only (no continuing education) (check applicable)

- Prior to May 20: \$50 After May 20 or on site: \$65

REFUND POLICY: Full refund less \$5 administration fee for cancellations received on or before May 20, 2018. No refund for cancellations received after May 20. Individuals who have preregistered with full payment but are unable to attend may send a substitute to attend the program only if we are notified in writing of the substitute's name and complete registration information by May 20.

Total enclosed: \$ _____

Visa/MC #: _____ Security Code#: _____

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License Type and #: _____

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Continuing Education Accreditation

The Alzheimer's Association is an approved vendor for providing continuing education. This course meets the qualifications for 6 CE units/ hours for the following certified license entities:

Registered Nurse (RN) and Licensed Vocational Nurse (LVN): Approved by the California Board of Registered Nursing (Provider #CEP12415).

Licensed Marriage Family Therapists (LMFT) and Licensed Clinical Social Workers (LCSW): Approved by the California Association of Marriage and Family Therapists (Provider #63035). Course meets the qualifications as required by the California Board of Behavioral Sciences.

Nursing Home Administrator Program (NHAP): Application pending approval by the California Department of Public Health (Provider #CEP1546).

Residential Care Facility for the Elderly Administrator (RCFE): Application pending approval by the California Department of Social Services (Provider #2000072-740-2).

REGISTER ONLINE AT WWW.HUMBOLTDCC.ORG

FOR MORE INFORMATION, CALL (707) 443-9747 X 3203

MAIL THIS FORM WITH PAYMENT TO
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