



Redwood Coast PACE

*A program of the
Humboldt Senior Resource Center*

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Overview

PACE stands for **P**rogram of **A**ll-inclusive **C**are for the **E**lderly, a nationally recognized, comprehensive healthcare model. The goal of Redwood Coast PACE is to help participants be as healthy and independent as possible, and to avoid or delay their placement in a skilled nursing facility. Redwood Coast PACE is licensed through the California Department of Health Care Services and the Centers for Medicare and Medicaid Services (CMS).

Population Served

Redwood Coast PACE is a comprehensive health plan that provides medical, social, nutritional, rehabilitation, and support services for frail adults who qualify and:

- Are age 55 and older
- Need a state-certified nursing home level of care, but who wish to remain at home or in the community
- Can safely live in the community with no harm to themselves or others, and
- Reside in the Redwood Coast PACE service area — Eureka, McKinleyville, Arcata, Bayside, Blue Lake, Carlotta, Ferndale, Fields Landing, Fortuna, Hydesville, Korb, Loleta, Rio Dell, Samoa, Scotia, or Trinidad.

Services Provided

At Redwood Coast PACE, care is provided by an Interdisciplinary Team of caregivers and allied health professionals. Our medical director is Jennifer Heidmann, MD, who serves as a primary care provider along with Tim Haskett, GNP. Comprehensive medical and support services are provided, including (but not limited to):

- Adult day healthcare services (also called CBAS)
- Primary medical care and medical specialty services
- Vision, dental, hearing and foot care
- Prescription drugs
- Laboratory and diagnostic services
- Medical supplies and equipment
- Physical, occupational, speech, and recreational therapy
- Social work services and family support
- Nutritional counseling, meal planning, and home-delivered meals
- Nursing, home health care, personal care, and in-home assistance
- Transportation to and from the Center and medical appointments
- Hospitalization and nursing home care
- Emergency and urgent care as needed
- Ambulance and paramedic services

Payor Sources / Medi-Cal

The costs of services provided by Redwood Coast PACE are covered by Medi-Cal, Medicare, and private payment. A participant's share of cost, if any, will depend on his/her Medi-Cal and Medicare eligibility.

Outcomes

Research¹ has shown that the PACE model of care is effective in reducing hospitalizations and emergency room visits, as well as nursing home placements. PACE participants report better health status and quality of life, with lower rates of functional decline.²

1. Program of All-inclusive Care for the Elderly: A comprehensive, cost-effective alternative for frail elderly individuals. *NC Med J* 2014; 75:344-45
2. Jen Associates, Inc. Massachusetts PACE evaluation nursing home residency summary report. 2014. http://www.npaonline.org/website/download.asp?id=6253&title=Massachusetts_PACE_Evaluation_Summary_Report_7.31.14

For Additional Information or Referrals

Contact Enrollment Representative John Krapf at **(707) 443-9747 ext. 1203**, email jkrampf@humsenior.org, or visit www.humsenior.org and click on the "PACE Quick Facts" link in the Main Menu.